

The Truth About Our Heavenly Father

I renounce the lie that my Heavenly Father is:

1. Distant and disinterested
2. Insensitive and uncaring
3. Stern or demanding
4. Passive and cold
5. Absent or too busy for me
6. Never satisfied with what I do, impatient or angry
7. Mean, cruel or abusive
8. Trying to take all the joy and fun out of life
9. Controlling or manipulative
10. Condemning or unforgiving
11. Nit-picking, exacting or perfectionistic

I joyfully accept the truth that my Heavenly Father is:

1. Intimate and involved (Ps. 139:1-18)
2. Kind and compassionate (Ps. 103:8-14)
3. Accepting and filled with joyful love (Rom. 15:7; Zeph. 3:17)
4. Warm and affectionate (Is. 40:11; Hos. 11:3-4)
5. Always with me and always eager to spend time with me (Heb. 13:5; Jer. 31:20; Ezek. 34:11-16)
6. Patient and slow to anger (Exod. 34:6; 2 Pet. 3:9)
7. Loving, gentle, and protective of me (Jer. 31:3; Is. 42:3; Ps. 18:2)
8. Trustworthy and He wants to give me a good life. His will is good, perfect and acceptable for me. (Lam. 3:22-23; Jn. 10:10; Rom. 12:1-2)
9. Full of grace and mercy and He gives me freedom to fail (Heb. 4:15-16; Lk. 15:11-16)
10. Tender-hearted and forgiving, and His heart and arms are always open to me (Ps. 130:1-4; Lk. 15:17-24)
11. Committed to my growth and proud of me as His growing child (Rom. 8:28, 29; Heb. 12:5-11; 2 Cor. 7:14)